

If you have any questions, please do not hesitate to ask them.

Office phone number: 604-532-1080

IV POST-SEDATION PATIENT INSTRUCTIONS

Following sedation, 24 hours may be required for the full effects of the drugs to wear off. During this period, it is essential that you follow these instructions.

Discharge from the office

- The patient must be discharged into the care of a responsible adult who can accompany him/her home.
- Arrangements should be made to have a responsible adult remain with the patient for the balance of the day and during the night
- The patient will likely want to sleep when they arrive home.

Transportation from the office

- Private automobile is preferred, a taxi driver or similar service does not count as your escort.

Food and Beverages

- For a few hours after sedation eat/drink only lightly (for example: soup, yogurt, or clear fluid). Clear liquids are advised initially, and, after that, diet as tolerated that follows your specific surgical post op instructions
- Do not drink alcohol in any form for 24 hours

Medications

- Resume normal medication as directed by physician after appointment.

Activity restrictions

- Do not operate motor vehicles, boats, power tools or machinery for 24 hours, or longer if drowsiness or dizziness persists
- Do not operate an aircraft for at least 48 hours following minimal or moderate sedation
- Do not sign or enter into any legal contract for at least 24 hours
- The law considers the patient to be impaired for 24 hours following sedation.
- Stay off your electronic devices due to the amnesiac side effect (no on-line shopping, emails etc.)

If you have any questions, please do not hesitate to ask them. It is important that you understand the circumstances surrounding this treatment. **Office phone number: 604-532-1080**